

About 4Play Body Flex for Aches & Pains

Physical overexertion and injury can lead to minor aches and pains. 4Play Body Flex for Aches & Pains is an exciting new product formulated to help support the body's response to such conditions by providing a unique combination of enzymes and herbs. Developed by scientists, 4Play Body Flex for Aches & Pains offers a systemic approach to a very common problem by providing what may be one of the most advanced combinations on the market.

We hope the following basic overview of the formula will be of help, but encourage you to research some of the unbiased websites along with numerous clinical studies for more details on the various ingredients. We do hope the following basic overview of the formula will be of help:

- **Fungal Protease (20,000 HUT):**This proteolytic enzyme is used to help break down and digest damaged proteins that can become prevalent during overexertion. Also, proteolytic enzymes are used to help hydrolyze hemoglobin and support normal circulation.
- **Serrapeptase (40,000 SPU):**Another example of a proteolytic enzyme which may be one of the most effective approaches to reducing the impact of overexertion. The subject of a number of clinical studies, Serrapeptase is a keystone ingredient in the 4Play Body Flex for Aches & Pains formula.
- **Bromelain (500,000 PU):**Found in the stems of pineapples, this remarkable enzyme has been recognized by the Commission E in Germany for its many benefits including physical issues which result from injury. Because of its characterization as a proteolytic enzyme, Bromelain helps to metabolize damaged proteins that may occur as a result of overexertion or injury and also helps support normal circulation.
- **Papain (500,000 PU):**Another proteolytic enzyme backed by numerous studies, papain is naturally found in the papaya fruit and has been found to be extremely effective in metabolizing and digesting damaged proteins.
- **Bacterial Protease (50,000 PC):**Bacterial protease from *Bacillus subtilis* is included in this formula due to its broad substrate specificity and its ability to hydrolyze interior bonds of proteins, opening the potential for further hydrolysis by other proteins found in this formula. Basically, Bacterial protease compliments the other proteolytic enzymes found in this formulation by creating smaller peptides (from hydrolysis of interior protein bonds) for the other proteins to continue to further hydrolyze.
- **Devils Claw Root Extract (0.5% Harpagoside)(100mg):**The natural properties of Devils Claw may be beneficial in diminishing the effects of overexertion or injury.
- **Ginger Root Extract (5% Gingerols)(100mg):**Ginger Extract is included for its ability to support a more positive response by the body in dealing with the minor aches and pains caused by overexertion or injury.
- **White Willow Bark(100mg):**The naturally-occurring level of Salicin in this remarkable herb is its key to benefits in dealing with minor aches and pains typically experienced from overexertion.

4Play Body Flex for Aches & Pains is made using DRcaps® capsules, an innovative HPMC capsule which has Kosher and Vegetarian Society certifications. DRcaps® capsules help protect dietary supplement ingredients from stomach acid helping to ensure that the benefits of the product are not compromised.

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